



WHAT'S Your guide to activities, clubs and events in the borough Clubs and Clubs





## Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 43, 23 May 2011

## **EMD** application rejected

Planning application to turn former cinema into church refused

**Walthamstow Assembly** Hall was full to capacity on Wednesday 18 May, when hundreds of visitors arrived to hear the Planning Committee's decision on the future of the EMD cinema.

The site has been hotly contested for years, and the evening saw site owners the Universal Church of the Kingdom of God (UCKG) coming face to face with residents who want the building brought back into use as a cultural venue rather than a church. Supporters of both causes were in attendance, with those unable to find seats chanting and waving banners outside.

The Committee heard impassioned speeches from either side before unanimously voting to refuse the UCKG's applications for not complying with the Council's planning policies or its regeneration objectives for Walthamstow Town Centre. The Church now has six months to appeal the decision.

Speaking to Waltham Forest News, Leader of Waltham Forest Council Cllr Chris Robbins said: "There's a lot of support for retaining the building as a cultural venue, and I am sure a great many residents will be delighted with the decision.

"As many will be aware, the



Hundreds of people attended the Planning Committee meeting about the former cinema

Waltham Forest Cinema Trust has announced what look to be viable plans for the building's future and we will be keen to work with any group who can help deliver our regeneration objectives for Walthamstow.

"We still have to wait and see whether the building's

owners will appeal the decision, but I hope the UCKG and the Trust will meet to discuss the building's future so that this long-vacant site can be brought back into use for the benefit of the local community. Should the UCKG decide to appeal we will. of course, defend our decision.'

#### More info

To find out more about the Council's role with regards planning applications visit www. walthamforest.gov.uk/planning. Free internet access is available in all of the borough's libraries.

#### News



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### Wish to claim Asylum in the UK? Have Immigration/Visa problems?

Paul John & Co solicitors 115a The Grove, Stratford, London, E15 1EN www.pauljohnandco.co.uk



Legal Aid available for eligible clients

Call Immigration law experts Paul John & Co Solicitors for assistance

0 8215 1205

## News

#### In my opinion

#### **Enrique Saenz**

Director, Voluntary Action Waltham Forest (VAWF)



Volunteers' Week, which runs from Wednesday 1 to Tuesday 7 June, is just around the corner and if you've often thought about offering your time to others, now could be a perfect time to find out more.

Volunteering is a great way to put something back into society, but you also get something in return. Helping others gives you a great feeling of satisfaction and you are also part of a working environment, get to learn new skills and meet new people at the same time.

Voluntary Action Waltham Forest (VAWF) has a volunteering service that is open to people looking to offer their time and skills to others, as well as to groups that have a volunteering opportunity to offer. The service is run face-to-face and through the VAWF website. Once signed up you can search for suitable positions that interest you or candidates that are offering their services. Organisations involving volunteers already, or that want to do it, are also supported through the service to do so to agreed standards - like paving volunteers 'out of pocket' expenses.

From organisations looking for volunteers for oneoff events supporting the homeless, older people or children; to ongoing work carried out by charities and voluntary organisations, there is always a need for volunteers in this borough.

The job of helping finding people to fill these crucial roles rests with VAWF's Volunteering Development Officer Diana Leary. She is currently helping several people a day into volunteering opportunities. However limited resources only allow her to work from Wednesday to Friday.

We have found that people who volunteer are really passionate about the community they live in and want to contribute in their own way to help others have a better quality of life. But it's also worth remembering that volunteering can open up great opportunities for you too. As well as being tremendously rewarding, volunteering can be a route to employment, or a chance to try something new which may lead to a career change.

You can gain new skills, knowledge and experience; develop existing skills; get accreditation; enhance your CV and much more - all while getting to know your local community and helping others.

With the wide variety of volunteering opportunities that are available in Waltham Forest, there is bound to be something for everyone. You're never too young or old to start making a difference in your community.

To find out more about volunteering in Waltham Forest phone Diana Leary at Voluntary Action Waltham Forest on 020 8521 0377 x239 or visit www.vagateway.org.uk/

#### Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 400 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



## Olympic torch celebration

- Olympic torch will come to Waltham Forest on 21 July 2012
- Residents asked to nominate inspirational local people to act as torchbearers

The Olympic torch will visit Waltham Forest as part of the run up to the 2012 Games and you could be in with a chance of carrying it for part of its journey.

To mark the arrival of the torch on Saturday 21 July 2012, a fabulous party will be laid on in the borough by the Council and the London Organising Committee of the Olympic Games (LOCOG).

Waltham Forest Council Leader, Councillor Chris Robbins, said: "It's brilliant news we'll be hosting the torch - we're an Olympic borough and this will fire

people's imagination in the run-up to a fantastic Olympic year.

"We're going to pull out all the stops to make sure we welcome the torch here in style and we hope residents will come out and watch as it makes its way through our borough and cheer it on its way."

To coincide with the announcement of the torch's route LOCOG has launched a search for 8,000 torchbearers to carry the Olympic flame across the UK with the start of the 'Moment to Shine' public nomination campaign.

The campaign gives Waltham Forest residents the chance to nominate inspirational people and have their story celebrated in the run up to the start of the London 2012 Olympic Games

Sebastian Coe, Chair of LOCOG said: "London's Olympic torch relay story starts with confirmation of the six London Boroughs set to host an early evening celebration event and the start of the torchbearer nomination programme.

"The Olympic flame will shine a light right across the host city in the final week of the Olympic torch relay and I hope people right across London start to think about rewarding someone truly inspirational and give someone they know who has gone beyond their personal best, their moment to shine by nominating them to carry the Olympic flame."

#### More info

To nominate someone to carry the Olympic torch visit www.london2012. com/olympictorchrelay. The deadline for making nominations is 11.59pm on Wednesday 29 June 2011.

#### Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews @walthamforest.gov.uk or call 020 8496 3000

Advertising and promotional enquiries: Eva Jaber, 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

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Waltham Forest News is produced using trees from sustainable managed forests where recycle Waltham Forest News when you have finished with it.





Waltham Forest News is published fortnightly by London Borough of Waltham Forest with a print run of 110,000 copies delivered to homes, organisations, businesses and bulk drops in the borough

The official independently audited free letterbox delivery of Waltham Forest News is 97,641, ABC Regional Jan-Jun 2010.

## WFD shops to close

- Three of the borough's four WFD shops to close as part of savings plans
- Alternative measures in place to offer face-to-face service to those who need it most



The Council will launch a pilot scheme at Leyton Library where residents can access services and advice

On Wednesday 11 May Cabinet approved the closure of three of Waltham Forest's four WFD shops: those in Leytonstone, Leyton and Chingford.

The decision comes as part of the Council's plans to save more than £65m over the next four years whilst facing increased demand on

vital services such as social care. The shops will close at the end of August, and this decision will save the Council £359,000 – equivalent to the salaries of 12 social workers or teachers. While no final decision has been made on what will happen to the shops once they close, the Council is exploring a range of options to

secure the best deal for residents.

Cabinet Member for Corporate Resources, Business and Employment, Cllr Afzal Akram, said: "We know that most residents prefer to access services over the phone or online, but for some types of enquiry a face-to-face conversation will always be preferable.

"Although we are closing three of the shops, the Walthamstow branch will remain open, residents will be able to continue to visit other council offices and we can be contacted by phone or online.

"On Monday 20 June we will be launching a pilot scheme where residents can access services and advice in Leyton Library. As well as offering a face-to-face service and pre-booked appointments staff will also help residents

access the services they need by phone or online wherever this is appropriate."

"Ultimately this is a smarter use of Council resources that will avoid duplication of offices and staff. Although we know that the people who currently use the shops will be concerned that they are being closed, we think the changes we are making - along with an improved approach to customer care - will help us deliver a better service at the best cost to the taxpayer."

#### More info

You can contact the Council with any enquiry, on 020 8496 3000 or via wfdirect@walthamforest. gov.uk. Please keep an eye on future editions of Waltham Forest News for further updates.

#### In brief

#### 2012 'test event' tickets

In August this year two test events for the London 2012 Olympic Games will take place at the Olympic Park, and residents of Waltham Forest can buy tickets for the events early. The 'London Prepares' series will see International Basketball take place from 16 – 21 August while the third round of the UCI BMX Supercross World Cup Series will run from 19-20 August. Tickets go on sale to the general public from Thursday 26 May but people living in Waltham Forest will be able to buy tickets early from 9am on Tuesday 24 May. To buy tickets visit www.ticketmaster.co.uk/ londonpreparesseries. For basketball tickets enter the code HOSTBASKFT and for BMX enter the code HOSTBMX

• For more information visit www.londonpreparesseries.com. Free internet access is available at all libraries in the borough.

#### Joseph Galibardy

Waltham Forest News was saddened to hear about the sudden death of former Olympic Hockey Champion Joseph Galibardy, who lived in Leyton. In November 2010 Mr Galibardy, who preferred to be called Joe, spoke to Waltham Forest News about his exploits at the 1936 Berlin Olympics, when he won gold with the Indian Field Hockey Team. Joe and his family moved to Leyton in 1956 where they have remained since, apart from a short time spent in Spain. Joe sadly passed away, aged 96, at his home on Tuesday 17 May. Waltham Forest Council would like to offer its sincere condolences to Joe's family at this sad time.

• To read Joe's extraordinary story visit www.walthamforest.gov.uk/wfn31.pdf.

## **ASB** charter signed



Councillors Ali and Pye, along with representatives from local RSLs and the police signed the charter

Councillors joined representatives from some of Waltham Forest's 40 Registered Social Landlords (RSLs) on Wednesday 18 May to sign the borough's first Anti-Social Behaviour (ASB) Charter.

The document aims to provide a set code of practise as to how landlords should deal with ASB when it happens, how they can prevent it in the first place and how they can support their tenants whenever ASB issues are raised.

The charter will make the process of reporting ASB

more effective and means residents can expect a common standard of service regardless of where they live and who manages their property. It includes measures such as helping residents talk through their issues and, in the most serious cases, providing tenants with support and advice should a matter qo to court.

Waltham Forest's Cabinet Member for Community Safety and Cohesion, Cllr Liaquat Ali, told Waltham Forest News: "We know that anti-social behaviour is one of our residents' biggest concerns, and to get everyone singing from the same hymn sheet is great news. We already do a lot of work with our police and RSL colleagues, and this will help drive down ASB and demonstrate to troublemakers that their actions will not be tolerated."

Cllr Marie Pye, Waltham
Forest's Cabinet Member for
Housing and Development
said: "We have 40 RSLs
offering housing across
Waltham Forest, and while they
all do a great job in tackling
ASB this document means our
residents can expect the same
speed of response and quality
of service no matter where
they live.

#### More info

To find out more about what Waltham Forest is doing to tackle ASB visit www.walthamforest.gov. uk/asb. To report ASB phone 020 8496 3000

### OFFICE SPACES/MEETING ROOMS TO LET COMMUNITY PLACE E10

Hurry we offer subsidised rent to voluntary organisations!!

Fully accessible Building with D1 Licence. Available office spaces from 500sq. ft to 6000 sq.ft. Private Meeting/Conference Rooms to hire for up to 30 people on hourly/daily/ or block booked for training, activities, etc.

Office rent includes- Gas, Electricity and Water bills.

Amenities-

- Meeting rooms (2) available free of charge for our tenants during office hours.
- Staff Reception from Monday to Friday 8am to 6 pm.
- Car parking facility available.
- Kitchens and Tea Points
- CCTV surveillance.

Contact us on 0208 539 0550 Address: Community Place 806 High Road Leyton E10 6AE. Email: info@arproperties.co.uk



Visited by HM Queen in 2005 for Outstanding Community Services offered from our Centre in the Borough.



### News

#### In brief



#### Named and shamed

The Council is committed to cleaning up the borough and wiping out enviro-crime in Waltham Forest. We will be taking tough action against those people who continue to blight our borough, and will name and shame the people we catch treating our borough like a dumping ground.

The following people and companies have been successfully prosecuted for enviro-crimes:

Who? George Josife

Where from? Barnet

The offence? Duty of care\*

The outcome? £750 fine, £980 costs and a £15 victim surcharge

Who? Tracy Gordon

Where from? Leytonstone

The offence? Failure to produce Waste Transfer Notes

The outcome? £300 fine, £150 costs and a £15 victim surcharge

Who? Fayyaz Ahmed

Where from? Leytonstone

The offence? Two counts of fly-tipping and failure to produce Waste Transfer Notes

The outcome? £2500 fine, £500 costs and a £15 victim surcharge

Who? Denver Harris

Where from? Leyton

The offence? Breach of conditions of Street Traders Licence The outcome? £120 fine, £200 costs and a £15 victim surcharge

Who? Monika Krotofil

Where from? Ilford

The offence? Littering

The outcome? £50 fine, £50 costs and a £15 victim surcharge

Who? Muhammed Rahman

Where from? Leyton

The offence? Vehicle sales on the street

The outcome? £400 fine. £900 costs and a £15 victim surcharge

\*Residents have a duty of care to ensure that any waste produced by them is disposed of legally. Failure to ensure that waste is correctly disposed of can lead to prosecution. If you give waste to someone who then fly-tips it you can be prosecuted.

• To find out more about the Council's award-winning 'We're wiping out enviro-crime' campaign visit www.walthamforest.gov.uk/wipeitout Report an envirocrime by visiting www.walthamforest.gov.uk/report-it or phone Waltham Forest Direct on 020 8496 3000.



Waltham Forest Council Chief Executive Martin Esom, Bob Neil MP, Thames Water Chief Executive Martin Baggs and Council Leader Chris Robbins

## Wetland wonderland

- Plans to create a massive urban nature reserve announced by Council
- 'Walthamstow Wetlands' would comprise land around 10 reservoirs in the north-west of Waltham Forest

man made bodies of water in London to the public have been announced by Waltham Forest Council.

The £10 million project would see the four square kilometre site; dubbed 'Walthamstow Wetlands' and made up of ten reservoirs in the heart of the borough, turned into an urban nature reserve and wetland centre with a water and life themed visitor centre and other facilities

The centre would benefit residents of Waltham Forest by creating much-needed access to open recreation space and free leisure facilities. It would also attract more visitors to the borough and provide a vital boost for the local economy.

Plans for the site, which is on the borders of Waltham Forest, Haringey and Hackney, will mean improved wildlife

Plans to open up the largest habitats and the creation of new play areas and heritage and nature trails, giving people in this part of East London the chance to find out more about nature conservation and the area's industrial heritage. It could also be a valuable Olympic Legacy project.

> Waltham Forest Council is leading the project, which also includes Thames Water.

Lee Valley Regional Park Authority, Natural England, the Environment Agency, British Waterways the London Boroughs of Hackney and Haringey and Design for London. The group will apply for Heritage Lottery Funding and European funding for the project.

Walthamstow Water treatment works supplies more than 1.5m people with tap water. It is the largest fishery in London as well as being a site of international importance for the abundance of wildlife that is present there.

Waltham Forest Council Leader, Cllr Chris Robbins, told Waltham Forest News: "This is a once in a lifetime opportunity to unearth a hidden gem that most people don't realise exists. It will create a unique nature reserve in London to provide a brilliant leisure resource to people living here.

Olympic Minister Bob Neill who visited the site on Thursday 12 May said: "This is a joy for me to come to a hidden part of East London and experience the delights of a wildlife idvll.

"Wetlands are essential for the biodiversity of London and they will bring a pocket of nature to local people keen to relish the area's heritage and habitat."

#### Fact file

- Walthamstow Wetlands is 400 Hectares located just north of the Olympic park.
- The land includes 10 Thames Water reservoirs, the single largest man-made body of water in London.
- The reservoirs are of international, national and local importance for wildlife and are a designated Site of Special Scientific Interest (SSSI),
- They are the largest fishery in London and the main source of the city's water.
- The site contains a number of historic buildings and features associated with water supply and filtration through the ages
- The plans include a visitor and wetlands centre for tourists and extensive work to open up the site to visitors.

## Recycling food waste

- · Residents reminded to recycle food and garden waste using their brown wheelie bin
- · Recycling food waste reduces the amount of harmful methane gas produced at landfill



Remember you should recycle all food waste such as vegetable scraps

#### You should recycle:

- · Grass cuttings, leaves and plants.
- Branches up to 4in (10cm) in diameter.
- Food scraps such as cakes, bread, cheese, plate scrapings, leftover takeaways and pizza.
- Meat, poultry and fish (cooked or uncooked but no bones).
- Fruit and vegetables (cooked or uncooked).
- · Tea bags.
- Egg shells.

While residents in Waltham Forest have been recycling increasing amounts of plastics, glass and other types of material, the Council is reminding everyone that food and garden waste should also be recycled.

All food waste, except bones, should be placed in your brown wheelie bin along with organic waste like grass cuttings and old plants. So remember to put everything from vegetable peelings and scrapings from the kids' plates; to leftovers from your Saturday night pizza or curry in the brown bin.

After it is collected, your food and garden waste is made into compost that is used in Waltham Forest's parks, open spaces and allotments.

Organic waste, like food and plants, which is sent

to landfill can't decompose properly because it is squashed under other waste and doesn't have access to air. Instead it produces methane gas, which contributes to global warming. So recycling your food waste not only helps Waitham Forest's green spaces, it helps to reduce global warming too.

You can use compostable or bio-degradable bags in your brown wheelie bin but they must be clearly marked with the code BS en13432 or a seedling logo. These can be bought from most supermarkets.

#### More info

To find out more about recycling food waste visit www.walthamforest. gov.uk/garden-waste or phone 020 8496 3000.

#### In brief

#### **CAB** seeks trustees

Waltham Forest Citizens Advice Bureau is seeking new trustees to join its board of directors. These are important posts to help the bureau provide free, independent advice to local people. The board is particularly keen to receive applications from people with finance, IT, marketing or fundraising skills and those with a passion for helping people. The posts are unpaid, but all trustees will receive a full induction and expenses. Trustees should live within the borough or nearby.

• To apply write to Jude Lobendhan, Chair of the Board, c/o Walthamstow Citizen Advice Bureau, Church Hill Business Centre, 6 Church Hill, Walthamstow, E17 3AL.

## Join the National Citizen Service

If you're 16 years old (in year 11 at school) and looking for some adventure this summer then why not take part in Leyton Orient Community Sports Programme's (LOCSP) National Citizen Service (NCS) initiative? The programme, which starts in June, gives participants the chance to spend two weeks camping, kayaking, climbing and more. You will also learn skills like teambuilding, teaching and time management and design your own social action project to run in the community. The course costs £50 per person, but concessions may be made in certain cases. Places are limited and will close in early June.

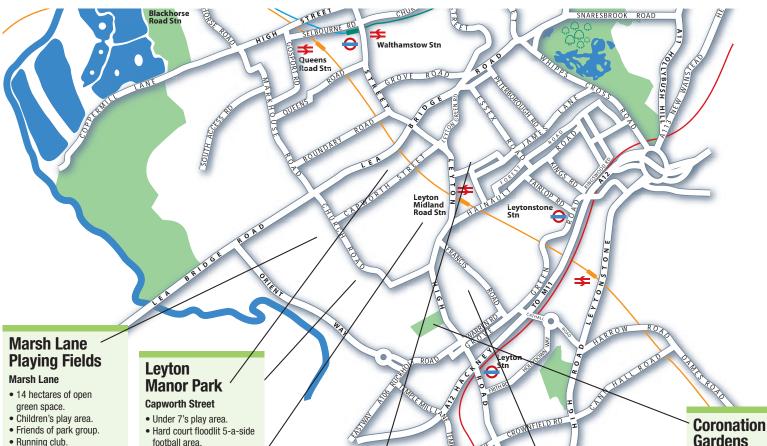
• To find out more phone Leo Daniels on 020 8556 5973 or email leo.daniels@locsp.org.



## **Our Environment**

# Park life - Leyton

This new series looks at parks and green spaces throughout Waltham Forest and highlights opportunities for you to enjoy some of the best free leisure activities around this summer. In this edition we look at Leyton's parks, whose hidden gems include a city farm, adventure playgrounds and a bandstand.



- Running club.
- · Natural habitat for wildlife.



#### **Ive Farm Sports Ground**

#### **Ive Farm Lane**

- 4 hectares of open green space.
- Space for three football pitches.
- . Sports areas and pavilion.
- · Standard WC.
- Level access.
- Car park.

- football area.
- · ornamental gardens.
- · staffed during busy periods.

#### **Skeltons** Lane Park

#### Off Leyton High Road

- 0.8 hectares of open green spaces.
- · Award winning under 7's play area.
- Grass picnic area.
- · Brook Farms petting zoo.
- · Level access.
- · WC, baby changing facilities.



#### **Abbotts Park**

#### **Abbotts Park Road**

- · A premier park.
- · Grass kickabout area.
- Table tennis.
- Six free to use tennis courts.
- · Under 12's play equipment.
- Under 7's play equipment.
- Picnic tables.
- · Fitness equipment.
- · WC (when park staff are present).

#### **Transport**

Nearest tube or train station: Leyton Midland Road Station.

Tube or train station distance to park: Three minutes walk. less than quarter of a mile.

Buses: 69, 97, W16.

#### Sidmouth Road

- . 0.8 hectares of open green space.
- Community café.
- Alice Burrell Centre.
- Under 5's play area.
- · Under 12's play area.
- · Landscaped gardens. Level access
- Accessible WC.

#### Sidmouth Park

#### **Oliver Road**

- · Bandstand can be booked free of charge.
- · Fountain and pond.
- Maze.
- · Ornamental gardens.
- WC.
- 1.65 hectares.

#### Transport

Nearest tube or train station: Levton Station.

Tube or train station distance to park: 10 minutes walk, quarter of a mile.

Buses: 97, 158, 69, 58.



#### More info

To find out more about Levton parks visit: www.walthamforest.gov.uk/parks and to find out about events in parks visit www.walthamforest.gov.uk/whats-on. Free internet access is available at all libraries in the borough. To book a park for an activity ring Waltham Forest Direct on 020 8496 3000, or fill in an open space booking form from the Council website and email it to judy.beaupierre@walthamforest.gov.uk







Clockwise from top left: Skeltons Lane Park, Abbotts Park, Coronation Gardens bandstand and Sidmouth Park

### The Council is consulting with residents about changes to parks:

Proposed improvements to Drapers Field will include:

- Providing improved all-weather and grass pitches.
- · Better landscaping.
- Providing brand new play facilities and better access arrangements.

#### Proposed Improvements to Marsh Lane will include:

- Bringing the sports pitches back into use.
- · General work to improve safety and accessibility.
- Construction of a new pedestrian route alongside Dagenham Brook and Orient Way to provide better links to the Olympic Park.

#### Proposed Improvements to Abbotts Park will include:

- · Refurbishing the pavilion to provide better community facilities
- Re-laying the tennis courts to create a new centre of excellence for tennis,
- Improving play areas and fencing to create an excellent quality local park.

Residents will be able to comment on the plans by attending public events at the parks on the following dates. Keep an eye out for more information in future editions of Waltham Forest News.

- Drapers Field: Tuesday 14 June
- Marsh Lane: Thursday 16 June
- · Abbotts Park: Saturday 25 June

## **Building better parks**

- £1.1 million Play Builder investment in parks has transformed grotty to glorious
- 15 of the borough's parks have been improved with exciting new play equipment

It's brilliant getting something for nothing, and there's great news if you live in Leyton because the parks are fantastic and they're free to use.

They're so good in fact two – Skeltons Lane and Leyton Manor – were entered for the prestigious Street Design awards, which Skeltons Lane Park won.

That's not bad when you consider what they were like before the Council refurbished them. Leyton Manor Park was considered unsafe and was frequented by drug dealers while Skeltons Lane contained old and uninviting play equipment and was a

New play equipment at Abbotts Park

#### Fact file

- The Council invested more than £250,000 transforming Skeltons Lane Park and Leyton Manor Park.
- Local people, including children, were asked how the two areas should be improved.
- Changes include removing overgrown shrubbery and planting new low level flower beds to open the parks up and make people feel safer.
- Skeltons Lane Park now boasts a fantastic adventure playground for children of all abilities.
- Leyton Manor also has fantastic new play equipment.
- Use of parks has increased, vandalism is minimal and cases of anti-social behaviour have plummeted.

magnet for anti-social behaviour.

Something clearly needed to be done with both sites and, after consultation with residents, the Council

invested more than £250,000 in transforming these two parks.

Steve Williams, Chair of the Friends of Abbots Park, told Waltham Forest News: "Parks in Leyton are very popular; they are improving in quality and they are very well used.

"The new play equipment which has been put in Skeltons Lane, Abbotts Park and Leyton Manor Park is great and is very popular with the children."

Since the work was carried out the number of people using the parks has increased greatly and the parks are now enjoyed by people of all ages and backgrounds. Anti-social behaviour has plunged.

When the Council and community realised work needed to be done to renovate the play area at Skeltons Lane Park, residents, including children, had a big say in how the area was transformed and its new design.

Gone were the old and

worn out play equipment and in came an adventure playground placed in a rural wonderland. Best of all, the new purpose built equipment was designed so that children of all abilities can have a fantastic time.

The work means hundreds of children in one of London's most deprived areas enjoy great leisure facilities; vandalism and graffiti is minimal; and anti-social behaviour in the park is very low.

#### More info

Lots of people like to get involved in the running of their local park to find out more about friends' of parks groups phone Liza Sumpter on 020 8496 3000 or email Liza.Sumpter@ walthamforest.gov.uk.

### What's On

#### Sports and fitness

#### **Lea Valley Friends Group**

Saturday 29 May, 10am. Brocket Arms Car Park, Ayot St Lawrence, Hertfordshire. Beautiful four mile walk to Codicote. Followed by lunch, if wished, at Lemsford. First three walks free. For more information visit www.leavalleyfriends.org.uk, email lvfwalkers2001@hotmail. com or phone 020 8529 1602.

#### **Egyptian Bellydance classes**

Mondays 6pm, Tuesdays 8.15pm. QKL Studios. Walthamstow. F17 40P £8 drop in, £7 if 10 classes prepaid. For more information phone 07903 629636 or email chloe redmond@hotmail.com.



#### **Silverthorn Saturday Morning Bowling Scheme**

Saturdays, 10.30am-12.30pm. Ropers Avenue Ground. Chingford F4 9F.I Come and try Lawn Green Bowling on a Saturday morning, free of charge. Qualified bowls coaches with CRB checks. Sessions are for children aged 11-16 and adults 17 plus. Make it a family event or come alone and join in the fun. Flat shoes required. For more information phone 020 8531 6619 or 020 8527 2919.

#### Walk London -Walking towards the Games

Saturday 28 May, 11am. Meet at Chingford station The walk will cover part of the unmarked 15 mile / 24km Epping Forest Centenary Walk that links Epping with Manor Park. Discover the thin green wedge that penetrates the built up area of this part of London, Walk is 8.3 miles/ 4 hours 30 minutes including stops. For more information visit www.walklondon.org.uk or phone 0870 240 6094.

#### Cycling in **Epping Forest**

Everyday, 9.30am-5.30pm. Come and experience Epping Forest by bike. Hire bikes, child seats, trailers and tag-alongs for a great family day out. Guided cycle rides and cycling instruction also available. Based at Debden House Camp Site. Half day bike hire from £8.

For more information phone Wayne on 07944 699563, email info@gofurthercycling.co.uk or visit www.GoFurtherCycling.co.uk.

#### The 'Fat Boy' Ride Sunday 29 May, meet 9am.

Join Waltham Forest Cyclists on a ride to the unique Fatboy's Diner in Trinity Buoy Wharf, for a guilt-free brunch. We follow the river Lea to where it meets the Thames, taking in some of London's industrial heritage sites and the new Olympic stadium. Meet 9am in Walthamstow town square outside the library. Expected return 2pm. 18 miles at easy pace, guided. Enquiries: mat@wfcycling.org.uk

#### West Essex **Ramblers**

Days and times vary. We are a friendly group with four walks a week on Wednesday, Thursday, Saturday and Sunday. Walks take place both in London and countryside and vary in length. We also offer coach rambles and holidays. Sorry, no dogs. For a free sample programme phone 020 8502 1628 or visit www.westessexramblers.org.uk

**Equinox Judo Club** Fridays, Under 8s, 6-7pm 8-15 years, 7-8pm. The Scout Hut, 66 Larkshall Road. Chinaford, E4. £5 per session (concessions for families with more than one child attending) and pay as you go, no ioinina fee For more information phone head

#### Coach Roger Woods on 07891 100952 or email tina@tinawoods. orangehome.co.uk.

#### **Heathcote Table**

**Tennis Club** Every Sunday, 4-7.30pm and Monday and Tuesday, 8-11pm. St Edmunds Church Hall, Junction of Larkswood Road and Chingford Mount Rd, E4 8JL. We are a friendly club open all year round looking to invite along anyone aged 10 or over interested in playing table tennis from beginner to league players. Bat and ball provided along with informal coaching if needed. Enquiries/Information phone Fred on 077198 75880 or visit www.heathcotettc.co.uk

#### Tang Soo Do -Korean martial arts

Wednesdays, 6.30 -8pm. Saturdays, 10am -12 noon. Wednesdays - St Andrews Church Hall, 153 Colworth Road, E11 1JD. Saturdays - Leyton Parish Church Hall, Lindley Road, F10 6QT. Traditional Korean Martial Arts for all ages. £4 per class. Email mr.mislam@gbtsda.com or phone 07989 338879.



#### **Beginners** Tai Chi class

Tuesdays, 6-7.30pm. Woodford County High School for Girls, High Road, Woodford Green, IG8 9LA. The gentle yet thorough stretching and turning in our tai chi can help rebalance the body, calm the mind and improve health and wellbeing. £5 trial session, thereafter £20 (£10 concession) per month for any number of classes. For more information phone

#### 0208 527 7234 or 0208 521 9005. **Total Body Toning**

Tuesdays and Thursdays, 7-8pm. North Chinaford Methodist Church, Station Rd. An uplifting full body resistance workout to tone, strengthen and burn calories. Includes a warm-up, use of weights, Bodybars, Gliding discs, rubber tubing, followed by a floorwork and stretching section. Taught to motivating music. Please phone Lucilla on 07956 695077, email lucilla@onestopfitness.co.uk or visit www.onestopofitness.co.uk

#### **Titan Freestyle Martial Arts**

Wednesdays, 7-8pm. Peter May Leisure Centre. 135 Wadham Road, E17 4HR. Titan Freestyle Martial Arts is a fusion of kickboxing, karate and self-defence. A fun way to burn fat, improve stamina and tone muscles. Students will be taught how to strike and kick safely, using a variety of equipment such as focus pads, kick shields and kick bag. For ages seven and over. Sessions costs £4 for seven-15 years old and £5 for 16 and over. First session free. Phone Jason on 07764 791982 or Tonya on 07753 744893, Visit www.titanfreestyle.com or email us at info@titanfreestyle.com

#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

#### Clubs and community

#### Levtonstone **High Road Methodist Church** table top sale

Saturday 4 June, 10am-3pm. Table top sale in aid of Leytonstone High Road Methodist Church. Tables are available to hire. For more information phone Daphne Harris on 020 8555 4402.

#### **Bipolar Self Help Group**

Thursday 2 June, 7.15-9.15pm. Mind – Ground Floor Meeting Room, 388 High Road Leyton. Do you have both high and low moods? Friendly, confidential meeting on how to self manage and stay well. Family and friends welcome. For more information phone 0845 434 9908 evenings before 9.30pm or visit www.mdf.org.uk.



#### Barbering models needed

Days and times vary.

Forest Road, Walthamstow, E17 4JB. Male models needed for NVQ Level 2 barbering trainee. I am looking for male models that have long or short hair and also men who would like beards, moustaches and eyebrows trimmed and shaped up. All haircuts. trims and shape ups are free to the models. However, £10 is given to each model for their time. For more information phone

#### **Sight Awareness Information Day**

Michelle on 07881 945665.

Saturday 11 June, 11am-3pm. The Disability Resource Centre, 1a Warner Road. Walthamstow, E17 7DY. Come along and learn about daily living, technical, communication and mobility equipment that is suitable for visually impaired people; what statutory and voluntary services are

available in the borough for blind or partially sighted people; what benefits visually impaired people are entitled to; how the sight loss referral process works: advice on how to keep your eyes healthy and what actions you may be able to take to slow down of sight loss if this has already started to affect you. For more information phone Roger Clifton on 07572 359 349.

#### Wood Street family fun day

Sunday 5 June, 12-5pm. Walthamstow Cricket Club, Greenway Avenue (opposite Wood Street Station). The event will bring the community together for a fun packed day highlighting all the interesting things there is to do in our area. Sports clubs, Scouts, Brownies, St John Ambulance, Air Defence Cadets, Police Cadets, Territorial Army Cadets and drama, music and dance schools will be at the event along with lots of fun activities, entertainment, and catering. There will also be DJs from Whipps Cross Hospital Radio and local musicians and entertainers. Entry is £1 or free for under fives. For more information visit www.woodstsnt.co.uk or email info@woodstsnt.co.uk

#### Arthritis Care **East London Asian Branch**

First Saturday of each month, 2pm -4pm. SMA Medical Centre, 693-695 High Road, Leyton, F10 6RA. We provide excellent information for people with Arthritis on the first Saturday of each month, except during Ramadan.

For further information, please contact Dr. Ali, Chairman, on 020 8539 2078.



#### **Waltham Forest Blind Association**

Every Tuesday, 1pm-4pm. Frederic Street Community Centre, Frederic Street, Walthamstow, F17 8AD. Drop-in centre includes social outings, one-to-one advice. mobility training, recreational activities and home visits. For more information phone 020 8556 0355.

#### Car boot sale

Every Sunday, 9am-4pm. Leyton Football Club, 282 Lea Bridge Road, E17 7LD. Do you have bric a brac, old tools, housewares, books, CDs or clothes to sell? Then come along. Vendors - walk in £9, cars £12, van £15. To hire a table £3. Free admission for buyers. Doors open at 7.30am for vendors and 9am for buyers. There is also a gym available to use £3 all day. To book a pitch in advance phone 07508 692419.



#### Miniature steam and electric train rides

Every Sunday from 3 April until 25 September, 2- 5.30pm. Ridgeway Park, Peel Close, off Old Church Road, Chingford E4 6XU. Miniature steam train rides at Ridgeway Park every Summer Sunday and Bank holiday Monday afternoon. During the school summer holidays, train rides are also available on Wednesday afternoons. Great for Children and grown ups alike. Train rides are available at 50p or £1 per person, depending on the train track in use. For more information visit www. chingford-model-engineering.com or email chairman@chingfordmodel-engineering.com

#### Tell us what's on Call 020 8496 3000

#### Culture and crafts

#### Learn the drums

Monday to Sunday, 12-7pm. Drum tuition with professional drummer Boukie, in a private studio close to Billet Road. Exciting lessons in a relaxed fun and friendly environment. Learn various styles including Afro-Cuban, Funk, Rock, Jazz and more. First one hour lesson costs £10, £20 per lesson thereafter. For more details phone 07985 195662, email Kaaboukie@ googlemail.com or visit www.myspace/iamboukie.

#### Sewing, knitting, quilting and crochet classes

Days and time vary.

Small, friendly craft classes for adults and kids, £10 an hour.

For more information visit www.cheekyhandmades.co.uk or contact Jennie on jenniec777@ gmail.com or 07944 863932.

#### **E17 Guitar Club**

Thursdays from 2 June, 8pm. Hornbeam Centre, 458 Hoe Street, E17 9AH. Guitar playing fun for players of all abilities. We perform regularly. £10 per session. For more information phone Christian Karlsson on 07958 471 083, email guitar@stunningmusic.com or visit www.stunningmusic.com

#### **Luna Fringe - MIX3**

Thursday 26 May, 8pm.
Luna Lounge, 7 Church Lane,
Leytonstone, E11 1HG.
Round Trip: Richard Turner —
trumpet; Michael Chillingworth —
alto sax; Tom Farmer — bass;
Josh Morrison — drums.
Plus Alison Blunt — violin;
Viv Corringham — voice and
John Bissett solo and video.
Admission £5 or £4 for concessions



#### Waltham Forest Mencap Concert

Saturday 28 May, 7.15pm.
St Mary's Church, Church End,
Walthamstow, London, E17 9RJ.
Classical music featuring Danielle
Mac (violin), Churchfields Singers
(children/youth choir), Mike Schirn
(tenor), Jonathan Wiseman (classical
guitar) and the Leitner-Whiting
Trio (piano trio).
Tickets cost £10 and £5.
For more information
phone 020 8503 2665.

#### Heathcote Arms Jazz Jam

Wednesdays, 8-11pm.
The Heathcote Arms, 344 Grove
Green Road, E11 4EA.
Come to play, sing, or listen.
House band and jazz jam session.
Entry £3. Players, singers and
listeners welcome.

For more information visit http://lbbjam.wordpress.com/

## The Drama Workshop of Waltham Forest 'When we are married'

Friday 3 to Sunday 5 June, 8pm. The Forest Community Centre, Guildford Road (off Hale End Road), Walthamstow.

Production of JB Priestley's hilarious comedy 'When we are married'. Tickets cost £7, or £4 for concessions, and must be purchased in advance.

To buy tickets phone

020 8524 7269.



#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

### Children and young people

#### Children and Young People's Directory

Compiled by the Council's Family Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all kinds.

For more information visit http://csd.walthamforest.gov.uk

#### **Toddler Group**

Tuesdays, 9.15 –11.15am. Christ Church, 73 Francis Road, Leyton, E10 6PL.

Children under school age who are accompanied by a parent or carer can come and enjoy the fun. We have toys, music, painting, songs and a story. With tea and coffee for the adults and squash for the children.

For more information please call Fidou 0208 556 7110.

#### **Eton Manor AC Young Athletes**

Mondays and Thursdays, 6.15pm. Waltham Forest Pool and Track, Chingford Road, E17 5AA. Free athletics coaching for all track and field events by UKA qualified, CRB checked coaches. For all children and young people aged 10 and over.

Contact us for further details. Email etonmanor@aol.com, phone 07747 641748, visit www.eton-manor.com or just come along and ask for Pam, Steve, Claudette, Karen or Ruele.

#### E17 Junior Guitar Club

Saturdays from 28 May, 10-11am.

Hornbeam Centre, 458 Hoe Street Walthamstow E17 9AH. Guitar playing fun for children aged 8-13. Players of all abilities welcome, cost £7.

For more information phone Christian Karlsson on 07958 471 083, email guitar@stunningmusic.com or visit www.stunningmusic.com

#### Spanish for Toddlers

Every Saturday, 11.30am.
The Limes children's centre,
Somers Road, E17 6RX.
Learning Spanish in a fun and
relaxed environment. Suitable for
4 to 6 year olds. Taught by a fully
qualified Bolivian Spanish tutor.
New course starts Saturday 7 May.
£50 per term for ten week course.
Priority bookings on
07850 136067 or laurance.
wedderburn@tinyworld.co.uk

#### Hopeful Monsters Children's Theatre

Fridays during term time, 4pm.
URC Church Halls, 26 Buxton Road,
Chingford, E4 7DP.
Hopeful Monsters is opening a new
Theatre School for young people
aged four to 16 in Chingford.
Hopeful Monsters is a not-for
profit organisation providing
drama training for young people.
£7-9 per week (age-dependant)
For more information phone
Robbi Stevens on 020 8257 6477
or 07960 063 245 or
email robbi@yptc.co.uk

#### Kidz Klub Chingford

**Every Sunday during** 

term time, 4-5pm.
Sewardstone Church, 145
Sewardstone Road, E4 7PA.
Free club for children aged
five-11. We sing songs, play
games, win sweets and prizes and
learn about God. Run by police

checked volunteers from churches across Chingford. For more information phone Nick Gibbs 07973 462 741, look at our website www.kidzklub

chingford.co.uk, or search "Kidz

Klub Chingford" on Facebook.

#### Cheeky Monkeys Parent and Toddler Group

Every Thursday 10am-12 noon, during term time.

St John's Church Hall, High Street, Leytonstone. Friendly, informal parent-run group for under 5s and their careers. New faces always very welcome. Healthy snacks, craft session, singing and a good range of toys. £1.50 per family.

Email cheekymonkeys. leytonstone@gmail.com or phone Cat on 07960 955532 for more information.



#### Toddlers stay 'n' play

Every Friday, 11am-1pm. The Hornbeam Cafe, 458 Hoe Street, E17 9AH. Every Friday - Toddlers stay 'n' play session, afterwards stay and have lunch in a child friendly space. No charge for play session - lunch from £2.80 to £4.90 - toddlers menu £1.20 to £2.50.

For more information phone 020 8558 6880, visit www.hornbeam.org.uk or email info@hornbeam.org.uk

#### Tell us what's on

Call 020 8496 3000

### Community Ward Forums

#### Hale End and Highams Park and Hatch Lane Community Ward Forum

Tuesday 24 May 2011, 6.30-9pm.

Highams Park School, Handsworth Avenue, Highams Park, E4 9PJ. Arrive from 6.30pm and talk with councillors. Meeting runs from 7-9pm.

#### Forest Community Ward Forum

Monday 11 July, 6.30-8.30pm.

Meeting runs from 7-8.30pm

Barclay Primary School, 155 Canterbury Road, Leyton, E10 6EJ. Arrival and informal talks with councillors from 6.30pm.

#### Hoe Street Community Ward Forum

Monday 18 Jul, 7-9pm.

Walthamstow School for Girls, Church Hill, Walthamstow, F17 9R7.

Arrive and speak to councillors, Safer Neighbourhoods Team and others from 7pm. Meeting runs from 7.30-9pm.

#### Council Meetings

#### Thursday 23 May

Annual Council

All meetings are held at Waltham Forest Town Hall unless stated otherwise, and start at 7.30pm.

## Calling all children's groups

We need more of you to tell us what's happening in your children's and young people's groups.

Do you offer activities or run classes? Are you looking for volunteers?

Let us have the details and we'll do our best to include them on our What's On pages.

Send them to: walthamforestnews

@walthamforest.gov.uk



Waltham Forest Community Learning and Skills Service



#### How to book onto courses

1. Booking by telephone

You can book by telephone using a credit or debit card. Please have your card ready when you telephone. We confirm the booking as soon as payment is authorized. Credit and debit card details are treated in the strictest confidence. Telephone either the CLaSS Booking Line 020 8523 9355 - open Monday to Thursday 9.30am to 5.30pm or Friday 9.30am to 3.30pm - or any of our main centres:

- @ Chestnuts House 020 8521 4311
- m Friday Hill House **020 8496 2980**
- Leyton Neighbourhood Learning Centre 020 8558 6805
- Leytonstone Learning Link 020 8988 0555
- 2. Booking in person at a CLaSS centre Bookings for any course can be made at:
  - Chestnuts House, 398 Hoe Street, E17 9AA
  - Friday Hill House, Simmons Lane E4 6JH
  - Leyton Neighbourhood Learning Centre, 3 The Square (Next to ASDA), High Road E10 5NR
  - Leytonstone Learning Link, 23-25 North Birkbeck Road E11 4JF

#### First Aid and Citizenship courses during half-term

That Aid this officerating four form											
Code	Day	Start Date	Time	Venue	Standard Fee	Reduced Fee	Exam Fee				
First Aid at Work											
LLQ949-8L	Tues/ Wed/ Th	31/05/11	9.30am - 4.00pm	Ш	£240.00	£240.00	£10.00				
Citizenship	- Preparation for t	he Test									
CHT184-8L1	Tues/ Wed/ Th/ F	ri 31/05/11	10.00am – 1.00pm	СН	£64.00	£16.00	€0.00				



#### Courses for a fiver!

Try out new skills for the first time during the half-term week. First come, first-served – all you pay is £5.00 to cover the cost of materials.

Code	Day	Start Date	Time	Venue	Fee						
Art - Acrylics	and Oils – Beginn	ers									
CHP613-8L5	Tues/Wed/Thurs	31/05/11	9.30am – 4.30pm	СН	£5.00						
Art - Drawing and Painting - Beginners											
CHP615-8L5	Tues/Wed/Thurs	31/05/11	9.30am – 4.30pm	СН	£5.00						
Digital Photography and Editing - Beginners Guide											
CHP611-8L5	Wed/Thurs	01/06/11	9.30am – 4.30pm	СП	£5.00						
Enamelling Techniques - Beginners											
CHP612-8L5	Tues/Wed	31/05/11	9.30am – 4.30pm	<u> </u>	£5.00						
Facials - Intro				ш							
LLH291-8L5	Tues/Wed	31/05/11	9.30am – 4.30pm		£5.00						
Floristry- Basic Techniques											
CHP610-8L5	Tues/Wed/Thurs	31/05/11	9.30am – 4.30pm		£5.00						
	king - Asian - Beg			СН							
CHP614-8L1	Tues/Wed/Thurs	31/05/11	9.30am – 4.30pm		£5.00						
	ration and Techni	•		ш							
LLH290-8L2	Tues/Wed/Thurs		9.30am – 4.30pm		£5.00						
Pottery – for Absolute Beginners											
FHP331-8L1	Thurs/Friday	02/06/11	9.30am – 4.30pm		£5.00						

### Do you want to Improve your English or Maths?

#### Gain a qualification to show what you know?

We have FREE half-term workshops to help you get it sorted. Come along to Chestnuts House.

398 Hoe Street, Walthamstow, London E17 9AA

Tuesday, May 31st between

9.30am - 12.00noon for an assessment and to plan your FREE half-term programme with our friendly, helpful staff

FREE Half-term workshop sessions for you to choose from will be on Tuesday, Wednesday, Thursday and Friday from 9.30am - 12.00noon and 1.00pm - 3.30pm. Sign up now!

#### FREE Family Practical Crafts Workshops - IN HALF-TERM

Mums, Dads, Grandparents, Carers

Come along with your children to our **FREE** morning of creative activities

on Thursday, June 2nd at Chestnuts House, 398 Hoe Street, Walthamstow, London E17 9AA.

The fun starts at 10.00am and ends at 1.00pm

























































#### www.walthamforest.gov.uk

## **Our Community**

#### **Walthamstow**



Last year's Walthamstow International Film Festival screenings at BEYCA proved to be a big hit

## Walthamstow International Film Festival

- Second annual film festival comes to Walthamstow from 10-12 September
- Organisers calling on local people to submit their own three-minute short film

In the last few weeks you've probably read or heard about this year's Cannes International Film Festival, but what you might not have heard is that a thriving celebration of film is taking place closer to home – and you could be a part of it.

The Walthamstow
International Film Festival is
getting ready to return to the
borough for a second year,
and this time the organisers
are hoping to get even more
local people involved and
making their own films.

Early last year local filmmakers Liza and Paul Sumpter decided to take part in the annual E17 Art Trail and created the Walthamstow International Film Festival because they felt that filmbased activities were under represented in the borough.

The pair asked people to submit short films to be screened on a specially build vintage-style television which would be placed at Beyca Retro, a furniture shop in Grove Road, Walthamstow.

"When we decided to create the festival we intended to make an installation showing a few films on the 'big TV,' explained Liza.

"We thought we'd have enough submissions to perhaps have an hour of film showing on a loop. In the end, we were delighted to receive over 90 submissions from all over the world.

"We had entries from Japan, Turkey, Russia, North America and Israel to name just a few. As more people heard about the festival it just grew and grew."

In response to the number of films received last year, Liza and Paul are calling on amateur and experienced directors alike to submit an entry in the 2011 festival – which will take place from Saturday 10 to Monday 12 September.

Films should be no more than three minutes long and

suitable for family viewing. There will be five categories: drama, documentary, animation, music and experimental. A first, second and third place film will be chosen from each category and there will be an overall festival winner. The closing date for entries is Sunday 31 July.

This year's festival judges are Baroness Oona King, actor Paul McGann, director Barry Bliss and 'Time Out' film critic David Jenkins – all of whom have connections with Walthamstow. Judging will take place in August once all the competition entries are in.

Film screenings will again take place at Beyca Retro, as well as in the Red Room at Ye Olde Rose and Crown Theatre Pub and a third venue.

For anyone who is interested in improving their filmmaking skills before the festival deadline, workshops on writing scripts, working with actors, production and

editing will take place on Saturday 11 and Sunday 12 and Saturday 18 and Sunday 19 June.

Liza said: "This year we really want to encourage local people to submit a film, whatever their age and whether they are experienced in filmmaking or not. You don't need big expensive equipment to take part, you could even make a film on a mobile phone camera.

"There is lots of filmmaking talent in the borough, it seemed as though we just needed the festival to uncover it."

#### More info

If you would like to enter a film in the Festival it is open to all and free. Simply download the registration form from www.e17films. com by the deadline on Sunday 31 July. Free internet access is available at all libraries in the borough.

#### In brief

## Motown music charity night

The organisers of a long-standing Walthamstow-based northern soul and motown night are hosting a special fundraising evening in aid of charity on Saturday 28 May. Taking place at the Arubar Lounge (524-528 Forest Road, Walthamstow, E17 4NB), the night will see DJs play northern soul and Motown music on vinyl. All proceeds from the door and a raffle will go towards the Aplastic Anaemia Trust. The event will take place from 9pm to 2am and entrance costs £5 on the door.

• For more information email David Duplock at wallsofheartache@googlemail.com. Free internet access is available at all libraries in the borough.



#### Pub toasts CAMRA award

Ye Olde Rose and Crown Theatre Pub (53 Hoe Street, Walthamstow, E17 4SA) has been named East London Pub of the Year by the East London and City (ELAC) Branch of the Campaign For Real Ale (CAMRA). The pub was praised for the quality of its real ale and its sterling work in creating a thriving community and performance venue. The Rose and Crown beat more than 250 other pubs in East London to the title. It is co-owned by Bun Constantinou, Viv Barrett, Joanna Barrett-Constantinou, Andrew Yon and Aaron Clingham. As well as the main bar the pub also houses a theatre and other performance and exhibition spaces. Co-owner Joanna Barrett-Constantinou told Waltham Forest News: "We're thrilled to have won the award. Our vision was to create a real community atmosphere and people have embraced that idea and helped us become a success."

• For more information visit www.roseandcrown theatrepub.webeden.co.uk or phone 020 8509 3880.

## St Gabriel's Family Centre

Families looking for activities to keep their brood amused are being encouraged to go along to St Gabriel's Family Centre 'family fun time' on Saturday 4 June. Taking place from 2-4pm the event includes crafts, a café, games and even live sports results broadcast via satellite tv. As well as special events like the fun day, the centre (Havant Road, Walthamstow, E17 3JF) also offers a wide range of activities for all ages running throughout the week. The centre welcomes enquiries from clubs looking for a home or people wanting to start a new club. The venue offers a large and small hall with a kitchen and separate coffee bar. One-off bookings for private functions are also welcomed.

• For more information about the fun day, or to enquire about using the venue for your own group, please phone St Gabriel's Family Centre on 020 8503 7505.

## **Our Services**

#### In brief



## New mental health helpline

A new telephone helpline for local people needing confidential mental health advice has been launched by North East London NHS Foundation Trust (NELFT). Called NELFT Mental Health Direct, the helpline is open every day of the year, 24 hours a day, providing help and advice for people experiencing a mental health crisis. Sue Boon, Managing Director of NELFT Mental Health Services told Waltham Forest News: "If somebody is experiencing a mental health crisis during normal office hours they can contact their care coordinator for advice, but until now this support has not always been available during evenings, overnight or over the weekend. "NELFT Mental Health Direct provides help and advice 24 hours a day, every day of the year so support is now much more readily available. The person can call themselves or somebody can call on their behalf. "We can also be the first point of call for GPs who would like information and advice on making a new mental health referral to our services."

To contact NELFT Mental Health Direct phone 0844 600 1111.
 Calls from a BT landline are the cost of a local call. Calls from mobile phones will cost more. You do not need to worry about the cost of the call, as advisors can arrange to phone you back.



Around £70,000 is being spent on improving services at the Trumpington Road Centre

## Learning disability services

- Council agrees plan to change services for adults with learning disabilities
- Proposals will give more choice, privacy, control and dignity to vulnerable residents

New measures designed to upgrade services for adults with a learning disability have been agreed by Waltham Forest Council.

The proposals will see the complete refurbishment of a residential unit in Trumpington Road to provide long term accommodation for six people and respite beds for four more.

Residents at another residential home, in May Road, Chingford, will also be moving to better accommodation. Plans are still being finalised with the residents, but some are likely to go to the revamped Trumpington Road, and some to a smaller home

in Chingford which will better suit their needs. Friends will move together to their new homes

The Council is aware that people using the centres are worried about the plans and has held consultations with them to try to ease their concerns.

All users and their carers will be spoken to before any decision is made regarding their care.

An independent company will be sought to run the Trumpington Road site, with carers and clients involved in choosing the company.

Waltham Forest Council's Cabinet Member for Health,

Adults and Older People, Cllr Angie Bean, said: "We are very sympathetic to the views of the people using both May Road and respite services, and we

#### Fact file

- The proposals will mean £70,000 will be spent to improve facilities at the Trumpington Road Centre.
- The plans will save Waltham Forest Council £400,000 over two years but improve services for vulnerable adults with learning disabilities.
- The services have been reviewed and will be changed because neither site was fully used or provided good enough access for people who have mobility difficulties.
- It costs the Council £1,700 to care for someone with a learning disability every week at the Trumpington Road Centre.
- Around 5000 adults living in Waltham Forest require some form of care or support service.
- Every year the Council spends £34.8 million on adults who require social care – the equivalent of £6,960 per person per year.

listened carefully to their views

"May Road and other respite care homes are only half full at the moment, and May Road, in particular, would need a great deal of work to provide a reasonable standard of care for residents in the future.

"Unfortunately there is no funding available to make the improvements that are required at May Road, but to make sure we're still providing this vital service we will be refurbishing the Trumpington Road site and helping people move to new homes where they will be able to take advantage of much better facilities.

"Our decision was all about making sure that we provide the support that some of our most vulnerable residents and their families need in better facilities and in a way that the Council can afford.

"We do appreciate that this will mean a change for some service users, but we'll be talking to everyone who gets support from us to make sure they continue to get the help and support they need."

"The plans will be a more efficient way of providing a consistent, high quality service from one site rather than two half-empty ones and will save the Council around £400,000 over the next two years."

## **Our Young People**



Pamela Mason, pictured with her granddaughter and son, has fostered over 140 children in the last 37 years

## Change a life

- More foster carers needed to look after children in care
- The Council spends £10m a year looking after fostered children

Residents are being urged to consider fostering a child or teenager to help deal with the shortage of carers and provide a stable family life for youngsters in Waltham Forest.

The appeal comes during Foster Care Fortnight, an annual campaign designed to raise awareness of the number of children in care, and encourage more people to get involved and consider a career in fostering.

Waltham Forest Council spends £10m per year on fostering services. While you may not have children and think this does not affect you; it could be that children and families you know or people living in your own neighbourhood have benefitted from Council help.

Foster carers provide a family environment for children and young people who cannot live with their own parents for a variety of reasons.

Pamela Mason, 62, and her

husband Roger, 68, have been foster carers for 37 years and have looked after more than 140 children, adopting 13.

Pamela told Waltham Forest News: "Our role is to

care for and meet the needs of the children, but they are not my babies. I have an important role to play in their lives and I care for them until they can go home or be

#### **Fact file**

- The Council spends around £10m a year on fostering. About two thirds of this is paid to private sector care placements as there are not enough local foster carers.
- There are currently 250 children in foster care, but these numbers can change on a weekly basis.
- It costs about £41,000 per year to foster a child but the Council gets much better value when a child in placed locally with our own carers – which is why the Council needs more foster carers.
- The Council needs foster carers from all kinds of backgrounds so children can be placed with families that are the right match for them. The Council is constantly recruiting and if you think you have right qualities to make a difference to a child's life, we want to hear from you.
- Foster carers in Waltham Forest receive training, support and are paid a fee for their services.
- Waltham Forest has a shortage of foster carers for teenagers, children between the ages of five and 11, children with disabilities and mother and baby placements
- Fostering information sessions take place between 6.30-8.30pm at Waltham Forest Town Hall on 21 June, 13 September, 20 October and 23 November.

adopted by other families.

She added: "The support and help is there if you need it, you are assigned a supervising social worker who acts as a critical friend and who will work with you to do what is best for the child.

"People need to understand that fostering is not just about children from broken homes, they can come from all backgrounds and its something you either love or you don't. People should definitely find out more at one of the information sessions if they are considering a career in foster care."

Waltham Forest currently has 250 children in care but only 72 foster families and is urging residents to get in touch if they think they have the skills to improve the life of a vulnerable child for the better.

Waltham Forest Council's Cabinet Member for Children and Young People, Cllr Saima Mahmud, said: "There is no doubt that a stable family upbringing is the best

#### **Our Young People Column**



#### **Spitfire fly-past**

History came alive for some lucky children in Walthamstow when a Second World War aircraft swooped low over their school as a reward for their work researching a heroic American pilot.

Children at Thorpe Hall Primary School had been researching the story of American Spitfire pilot Harvey Dalton Johnson who crashed his stricken plane at the Douglas Eyre Sports Ground in Coppermill Lane, Walthamstow in November 1942 as the Second World War was raging around the globe.

Rather than parachute away from his plane, saving his own life, Johnson decided to crash land it instead and make sure it did not hit the school or nearby houses and potentially kill or injure residents. He was killed as the plane crashed.

The school's history project came about after a discussion between a teacher and school groundsman Colin Howard. Through research and perseverance the children managed to piece together the lives of both Johnson and Douglas Eyre who founded the London Playing Fields Association.

They designed and created colourful murals of both men, which are now on display in their playground, in recognition of their contribution to the local community.

To reward the pupils' good work the Spitfire circled the school three times and the pupils were visited by Wilfred Horton, the former Chair of Walthamstow Rotary Club who helped with research. Gary Hills, from the Council-run Vestry House Museum, also brought a piece of the original propeller from the crashed aeroplane to show the children.

Headteacher Paulette Houghton told Waltham Forest News: "This was a memorable and fantastic example of bringing history to life, which was enjoyed by the whole school community and beyond. It was a great honour for the school."

 You can find out more about local history at Vestry House Museum, which is home to the Waltham Forest Archives and Local Studies Library. For more information visit www.walthamforest.gov.uk/vestry-house or phone 020 8496 4391.

environment to raise children.

"We want people who think they can provide that background to a child to come forward and help us improve the lives of vulnerable children in Waltham Forest."

#### More info

To find out more visit one of the information sessions at the Town Hall, phone the Fostering Team on 020 8496 3000 or visit www.walthamforest.gov. uk/adoptandfoster.

## Tel: 020 8496 3000

# Your easy route to all manner of Council services



#### Did you know you can call one phone number to sort out all manner of queries and problems associated with council services?

Waltham Forest Direct (WFD) can be contacted by phoning 020 8496 3000 between 8am and 8pm Monday to Friday and 9am to 3pm on Saturdays. It is your instant route to a dedicated team of friendly and helpful people who can help you.

They can deal with enquiries about services ranging from waste and recycling to Council Tax.

The call centre is also open outside of the core hours to assist with emergency enquiries.

#### WFD can assist with:

- Adult services
- Benefits
- Council Tax
- Environmental Services
- Housing
- Planning and Building Control
- Street and Parking Services
- Waste and Recycling



So if you've got a problem and nobody else can help, why don't you try the WFD Team.

Tel: 020 8496 3000

#### www.walthamforest.gov.uk

## **Public Notices**

#### **Highways**

#### LONDON BOROUGH OF WALTHAM FOREST NEW CAR CLUB SPACES TO4

NOTICE IS HEREBY GIVEN that the London Borough of Waltham Forest on 20th May 2011 made the abovementioned Orders under sections 6, 45, 46 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984 as amended

- 1. London Borough of Waltham Forest (the Council) has made The Waltham Forest (Blackhorse Lane CPZ) (Parking Places) (Amendment No.1) Order 2011, The Waltham Forest (Walthamstow Market West) (Parking Places) (Amendment No.1) Order 2011, The Waltham Forest (Winns Avenue CPZ) (Parking Places) (Amendment No.1) Order 2011, The Waltham Forest (Leytonstone West CPZ) (Amendment No.1) Order 2011, The Waltham Forest (Voucher Parking Places) (Amendment No.1) Order 2011
- 2. and The Waltham Forest (Car Club) (Parking Places) (Amendment No1) Order 2011 under sections 45 and 124 of the Road Traffic Regulation Act 1984, as amended.
- 3. The general effect of the Orders would be to:
- (a) Introduce new car club parking spaces at the following locations (NOTE: in some cases the implementation of the Car Club parking spaces would result in a loss of existing parking facilities as outlined below);
- (i) BERESFORD ROAD E17, (1 space), the south-west side, by its junction with Brookscroft Road:
- (ii) BULWER ROAD E11, (1 space), the north-west side, by its junction with Fairlop Road (loss of 1m permit parking space);
- (iii) BEVERLEY ROAD E4, (1 space), the south-east side, by its junction with Hale End Road (loss of 6m of voucher parking space);
- (iv) CANTERBURY ROAD E10, (1 space), the north-west side, by its junction with Essex Road;
- (v) CHESTNUT AVENUE SOUTH E17, (1 space), the east side, by its junction with Raglan Road;
- (vi) CRAWLEY ROAD E10, (1 space), the north-east side, by its junction with High Road Leyton;
- (vii) LEASOWES ROAD E17, (1 space), the north-east side, by its junction with Capworth Street;
- (viii) MERSEY ROAD E17, (1 space), the north-east side, by its junction with Forest Road (loss of 3m permit parking space);
- (ix) RENNESS ROAD E17 (1 space), the north-west side by its junction with Bunyan Road (loss of 6m permit parking space);
- (x) SOMERS ROAD E17, (1 space), the south-west side, by its junction with Erskine Road (loss of 6m permit parking space):
- (xi) ULVERSON ROAD E17, (1 space), the north-east side, by its junction with Forest Road;
- (xii) VIOLET ROAD E10, (1 space), the north-east side, by its junction with Boundary Road;
- (xiii) YORK ROAD E10, (1 space), the north-east side, by its junction with Dunedin Road;
- (b) provide that vehicles displaying a valid car club permit may:
- (i) park "at any time" in its respective car club parking space described in paragraph 2(a);
- (ii) use any permit parking space in the London Borough of Waltham Forest;
- (c) provide that car club permits will only be issued to passenger vehicles or goods carrying vehicles belonging to a bona fide car club authorised by the Council.
- 4. Copies of the Orders, which will come into operation on 23rd May 2011 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.

5. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

#### Dated 23rd May 2011

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (HIGH ROAD LEYTON AREA, IMPROVEMENT WORKS) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) ORDER 2011 TT27

- 1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends making an Order to enable improvement works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) suspend parking places, taxi ranks, pedestrian crossings, bus lanes, bus stops and bus stands and existing one way traffic operations, and ban certain traffic movements in the following roads .
- 2. Whilst the works are being carried out:-

(a) no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in that section of High Road Leyton that lies between its junction with Dawiish Road and the borough boundary with the London Borough of Newham (Crownfield Road and Temple Mill Lane), and those parking places, pedestrian crossings, bus lanes, bus stops and bus stands along this length of High Road Leyton shall be suspended;

(b) no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in all or part of the following roads, adjoining their junctions with High Road, Leyton, and those parking places, pedestrian crossings, bus stops and bus stands along their lengths shall be suspended:-

Adelaide Road, Alexandra Road, Balmoral Road, Brisbane Road, Buckingham Road, Church Road, Cranbourne Road, Crownfield Road, Dawlish Road, Downsell Road, Drapers Road, Dunedin Road, Gordon Road, Grange Park Road, Grove Green Road, Huxley Road, Leyton Park Road, Leslie Road, Lindley Road, Lyttelton Road, Maud Road, Murchison Road, Osborne Road, Ruckholt Road, Sedgwick Road, St George's Road, St. Mary's Road, Sidmouth Road, Station Road, Stewart Road, Trelawn Road, Tyndall Road Vicarage Road, Wirdsor Road and York Road;

(c) the existing one way traffic operations in the following roads shall be suspended:-

Adelaide Road, Alexandra Road, Dunedin Road, Grove Green Road, Langthorne Road, Leslie Road, Leyton Park Road, Lyttellon Road, Maud Road, Ruckholt Road, St. George's Road, St. Mary's Road, Sedgwick Road, Trelawn Road, Warren Road and York Road:

(d) waiting facilities for taxi cabs shall be provided in certain sections of Maud Road and Trelawn Road

- 3. Whilst the prohibitions referred to in paragraph 2 above remain in force, traffic signs would indicate alternative routes for traffic.
- 4. Vehicles waiting or loading in disregard of this Order would be removed
- 5. The restrictions mentioned above would not apply in relation to any vehicle being used -
- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

6. The Order would come into operation on 6th June 2011 and would be valid for a maximum period of 14 months or until the works are completed, whichever is the sooner.

NOTE: These works would not be carried out simultaneously along the whole length of High Road Leyton described in sub-paragraph 2(a) above or in all roads describe in sub-paragraphs 2(b) and (c) above but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.

#### Dated 23rd May 2011

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue London, E10 7AS

#### **Planning**

#### LONDON BOROUGH OF WALTHAM FOREST PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

APPL.NO 2011/0552
APPLICANT Mr Ifty Qasim
ADDRESS Rear of 38 Orford Road,
Walthamstow, London E17 9NJ

PROPOSAL Construction of two storey, 2 bedroom house.

#### TOWN & COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995 - NOTICE UNDER ARTICLE 8

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

**APPL.NO** 2011/0518

APPLICANT London & Quadrant Housing Association
ADDRESS Walton House, 123 Chingford Mount Road
Chingford, London E4 8LT

PROPOSAL (1) Erection of 4 storey building fronting Chingford Mount Road comprising 43 self contained flats (13x1 bed and 30x2 bed). Provision for 26 car parking spaces within undercroft. (2) Erection of 4 storey building fronting Titley Close comprising 11 self contained flats (8x2 bed and 3x3 bed). Provision for 9 car parking spaces. (3) Erection of a Terrace of 7 dwelling houses (2x3 bed and 5x4 bed) with parking off street. Formation of communal gardens and courtyard.

**APPL.NO** 2011/0547

**APPLICANT** London & Quadrant Housing Association

**ADDRESS** 1–3, 4-6, 5, 8-10, 89, 89a, 89b, 89c and 89d Grange Road, Walthamstow, London E17 8AH

**PROPOSAL** Demolition of existing buildings and redevelopment of 39 residential units (9x3 bed and 1x4 bed houses and 9x1 bed and 20x2 bed flats) in 3 blocks, 3/4 storevs. Provision of 15 parking spaces.

**APPL.NO** 2011/0581

APPLICANT Redstar Assets Ltd

ADDRESS Land adjacent to 94 Corbett Road,

Walthamstow E17 3JZ

**PROPOSAL** Residential development Erection of 12 self contained flats (6 x 1 bed, 5 x 2 bed and 1 x 3 bed). Provision for 8 car parking spaces.

**APPL.NO** 2011/0544/RSM

APPLICANT Mr Zahir Ahmed & Zaheer Hanif ADDRESS 17A - 19B Station Road, Walthamstow, London F17 8AA

**PROPOSAL** An application for approval of reserved matters pursuant to outline planning permission 2008/0152/OUT. Demolition of existing buildings and erection of a part two/part three storey building to provide 12 self-contained flats.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JFbetween the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

Dated this day 23 May 2011
David Scourfield – Head of Development
Management on Behalf of London Borough
of Waltham Forcet

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